

Wheezing

Case history

A woman aged 58 suffered wheezing after catching a cold. The wheezing always repeated time and time again especially in the evening due to the incomplete treatment. A few days ago, she felt chest distress, cough ceaseless, even a little cough will cause the tic pain. She could not lay comfortable on the bed, and it is hard for her to cough up some phlegm. She is also difficult in urination and defecation. Her tongue is red with the yellow coating. Her complexion is badly looking. The state of her illness is a little serious.

Findings obtained from the traditional Chinese diagnostic procedures

After our examination we can get some information from her ,such as the sputum rumbling in the throat, quick breath and cough, flushed face, thirsty, headache, sweating and even fever, red tongue with yellow coating, slippery and rapid pulse, so we can define it as the symptom of wheezing

Syndrome differentiation for the symptom

This symptom has something to do with the yin deficiency, lung disfunction, the heart heat, the evil heat, the body fluid, the phlegm heat and internal exuberance

Now let us analysis it one by one

1. Since the phlegm and heat obstruct the lung, the qi stuff the air passage,

there appears the sputum rumbling in the throat, quick breath.

2. And if the phlegm heat affects to the lung, it will cause the disfunction of the depurating and descending of the lung.

3. The manifestation of cough, the yellow phlegm, the flushed face and red tongue due to the lung-heat affected to the heart, and sometimes it has something to do with the heart and lung when they occupy the diaphragm at the same time.

4. The cause why the patient feels thirsty is that the evil heat burns the body fluid so that the patient is eager for some water.

5. What is more, when the internal retention of phlegm is transformed into heat, the external evil wind is palpated, it is normal for the patient to suffer the headache, fever and sweating.

6. Finally, the phlegm heat is internal exuberance, so the patient gets the yellow coating and suffers the slippery and rapid pulse.

Principles for the treatment

In this situation, we will chose some principles for the treatment, here are 3 methods for it

First is to clear away the heat, depurate and descend the lung

Second is to resolve the phlegm to relieve dyspnea

Third is to dispel wind and clearing away the heat