

经络腧穴学、针灸推拿手法学及其临床应用

模块教学大纲

一、经络腧穴学教学大纲

Syllabus For Meridians-Collaterals and Acupoints

Curricular Code: 02.023.2.1

Curriculum: Meridians-Collaterals and Acupoints

Department: Acupuncture and Moxibution and TuiNa College

Category: Required Course

Basal Curriculum: Theory of Traditional Chinese Medicine, Anatomy

Student: Undergraduate Majoring in Acumox and TuiNa

Assessment Method: include Schoolwork and attendance, locating acupoints, final examine

Curriculum Introduction:

The teaching contents include two parts. Part I is on the basic conceptions of Meridians and Acupoints, the composition of meridian system and its distribution, the location, classification, functions and the indications regularity of acupoints. Part II is about the routes and pathological changes of Meridians, the location, indications and acu-moxi methods of acupoints in detail.

Content of the Outline:

I. Preface

【The Objective of the Curriculum】

The Curriculum is the basal theory of Acupuncture and Moxibution. The teaching objective is to make students master the basal theory and knowledge of Acu-moxi, and facilitate to learn other curricula, such as Acupuncture and Moxibution, TuiNa, and so on.

【Teaching Method】

The teaching content is mainly the Part I, Part II of *Meridians-Collaterals and Acupoints*. Lecture is the main teaching method besides model, practice, and multimedia as assistant method.

II. Teaching requirements, Content and Method

Part I Meridians and Collaterals and Acupoints

Chapter I General Introduction of Meridians and Collaterals

【Teaching requirements】

1. To be acquainted with the formation and development of the theory of Meridians and Collaterals
2. To master the concept and constitution of Meridians and Collaterals, the course law of The fourteen Meridians, the distribution, Circulation Direction Law, the Interior-exterior and Connecting-pertaining Relationship of the Twelve Regular Meridians.
3. To master the concept, distribution, Physiological Functions of the Eight Extraordinary Meridians.
4. To master the concept, distribution and Physiological Functions of the Twelve Divergent Meridians, Fifteen Collaterals, the Twelve Muscle Regions and the Twelve skin Regions.
5. To be acquainted with the theory of Biaoben, Genjie, Qi Jie and Sihai
6. To be familiar with the Function and the Clinic Practice of the Meridians and

Collaterals

【Teaching Content】

Section I The Composition of the System of the Meridians and Collaterals

1. The Twelve Regular Meridians
2. The Eight Extraordinary Meridians
3. The Twelve Divergent Meridians
4. Fifteen Collaterals
5. The Twelve Muscle Regions
6. The Twelve skin Regions

Section II The Function of Meridians and Collaterals and the Clinic Practice of the Theory

1. The Function of the Meridians and Collaterals
2. The Clinic Practice of the Theory of the Meridians and Collaterals

【Teaching Method】

6-hour lecture

Chapter II General Introduction of Acupoints

【Teaching requirements】

1. To be familiar with the concept and classification of the acupoints, and the content of the Specific Points
2. To master the Actions, Indication Law and Locating Methods of the Acupoints
3. To be acquainted with the nomenclature of the acupoints

【Teaching Content】

Section 1 The Classification and Nomenclature of the Acupoints

1. The classification of the acupoints
2. The nomenclature of the acupoints

Section 2 Actions and Indication Law of the Acupoints

1. The actions of acupoints
2. The indication law of the acupoints

Section 3 The Specific Points

1. The five-shu points
2. The Yuan-primary points
3. Luo-connecting points
4. The Xi-cleft points
5. The back-Shu and front-Mu points
6. The front-Mu points
7. The eight influential points (Ba-hui Points)
8. The eight confluent points
9. The lower He-sea points
10. The crossing points

Section 4 The Methods of Locating Acupoints

1. To locate points by the anatomical landmarks

2. To locate points by proportional measurement
3. The finger measurement

【Teaching Method】

6-hour lecture

Chapter 3 Establishment and Development of the Theory of Meridians and Collaterals

【Teaching requirements】

To be acquainted with the formation and development of the theory of the Meridians and Collaterals.

To be familiar with the relational historic writing of Meridians and Collaterals .

【Teaching Content】

Section 1 the formation of the theory of the Meridians and Collaterals

Section 2 the development of the theory of the Meridians and Collaterals

【Teaching Method】

1-hour lecture

Part 2 Special part of meridians and acupoints

Chapter 4 Meridian of Hand-Taiyin

[Teaching requirements]

1. To master the original text of the course of Meridian of Hand-Taiyin in “Lingshu, Meridian”.
2. To be familiar with the diseases and syndromes of Hand-Taiyin.
3. To be familiar with the content of collaterals and divergent meridian of Hand-Taiyin.
4. To be acquainted with the content of muscle region of Hand-Taiyin.
5. To master the location, indication and manipulation of the common acupoints of Hand-Taiyin. To be familiar with the location and of the uncommon acupoints.
6. To be acquainted with the main regional anatomy of the acupoints of Hand-Taiyin.

[Teaching Content]

Section 1 Meridian and collateral of Hand-Taiyin

1. meridian of Hand-Taiyin
2. collateral of Hand-Taiyin
3. divergent meridian of Hand-Taiyin
4. muscle region of Hand-Taiyin

Section 2 Acupoints of Hand-Taiyin (totally 11 acupoints, among which those with “star” are important acupoints.)

Zhongfu*, Yunmen, Tianfu, Xiabai, Chize*, kongzui*, jingju, Taiyuan*, Yuji, Shaoshang*.

[Teaching method]

2-hour lecture, 0.5-hour for locating the acupoints.

Chapter 5 Meridian of Hand-Yangming

[Teaching requirements]

- 1 . To master the original text of the course of Meridian of Hand-Yangming in “Lingshu, Meridian”.
- 2 . To be familiar with the diseases and syndromes of Hand-Yangming.
- 3 . To be familiar with the content of collaterals and divergent meridian of Hand-Yangming.
- 4 . To be acquainted with the content of muscle region of Hand-Yangming.
- 5 . To master the location, indication and manipulation of the common acupoints of Hand-Yangming. To be familiar with the location and of the uncommon acupoints.
- 6 . To be acquainted with the main regional anatomy of the acupoints of Hand-Yangming.

[Teaching Content]

Section 1 Meridian and collateral of Hand-Yangming

1. meridian of Hand-Yangming
2. collateral of Hand-Yangming
3. divergent meridian of Hand-Yangming
4. muscle region of Hand-Yangming

Section 2 Acupoints of Hand-Yangming (totally 20 acupoints)

Shangyang*, Erjian, Sanjian*, Hegu*, Yangxi*, Pianli, Wenliu, Xialian, Shanglian, Shousanli*, Quchi*, Zhouliao*, Jugu, Tianding, Futu, Kouheliao, Yingxiang*.

[Teaching method]

3-hour lecture, 0.5-hour for locating the acupoints.

Chapter 6 Meridian of Foot-Yangming

[Teaching requirements]

1. To master the original text of the course of Meridian of Foot-Yangming in “Lingshu, Meridian”.
2. To be familiar with the diseases and syndromes of Foot-Yangming.
3. To be familiar with the content of collaterals and divergent meridian of Foot-Yangming.
4. To be acquainted with the content of muscle region of Foot-Yangming.
5. To master the location, indication and manipulation of the common acupoints of Foot-Yangming. To be familiar with the location and of the uncommon acupoints.
6. To be acquainted with the main regional anatomy of the acupoints of Foot-Yangming .

[Teaching Content]

Section 1 Meridian and collateral of Foot-Yangming

1. meridian of Foot-Yangming
2. collateral of Foot-Yangming
3. divergent meridian of Foot-Yangming
4. muscle region of Foot-Yangming

Section 2 Acupoints of Foot-Yangming (totally 45 acupoints)

Chengqi*, Sibai*, Juliao*, Dicang*, Daying, Jiache*, Xiaguan*, Touwei*, Renying, Shuitu, Qishe, Quepen; Qihu, Kufang, Wuyi, Yingchuang, Ruzhong, Rugen, Burong, Chengman, Liangmen*, Guanmen, Taiyi, Huaroumen, Tianshu*, Wailing, Daju, Shuidao, Guilai*, Qichong; Biguan, Futu*, Yinshi, Liangqiu*, Dubi, Zusanli*, Shangjuxu*, Tiaokou, Xiajuxu*, Fenglong*, Jiexi*, Chongyang, Xiangu, Neiting*, Lidui*.

[Teaching method]

4-hour lecture, 1-hour for locating the acupoints.

Chapter 7 Meridian of Foot-Taiyin

[Teaching requirements]

1. To master the original text of the course of Meridian of Foot-Taiyin in “Lingshu, Meridian”.
2. To be familiar with the diseases and syndromes of Foot-Taiyin.
3. To be familiar with the content of collaterals and divergent meridian of Foot-Taiyin.
4. To be acquainted with the content of muscle region of Foot-Taiyin.
5. To master the location, indication and manipulation of the common acupoints of Foot-Taiyin. To be familiar with the location and of the uncommon acupoints.
6. To be acquainted with the main regional anatomy of the acupoints of Foot-Taiyin.

[Teaching Content]

Section 1 Meridian and collateral of Foot-Taiyin

1. meridian of Foot-Taiyin
2. collateral of Foot-Taiyin
3. divergent meridian of Foot-Taiyin
4. muscle region of Foot-Taiyin

Section 2 Acupoints of Foot-Taiyin (totally 21 acupoints)

Yinbai*, Dadu, Taibai*, Gongsun*, Shangqiu, Sanyinjiao*, Lougu, Dijj*, Yinlingquan*, Xuehai*, Jimen, Chongmen, Fushe, Fujie, Daheng*, Fuai, Shidou, Tianxi, Xiongxiang, Zhourong, Dabao*.

[Teaching method]

3-hour lecture, 1-hour for locating the acupoints.

Chapter 8 Meridian of Hand-Shaoyin

[Teaching requirements]

1. To master the original text of the course of Meridian of Hand-Shaoyin in “Lingshu, Meridian”.
2. To be familiar with the diseases and syndromes of Hand-Shaoyin.
3. To be familiar with the content of collaterals and divergent meridian of Hand-Shaoyin.
4. To be acquainted with the content of muscle region of Hand-Shaoyin.
5. To master the location, indication and manipulation of the common acupoints of Hand-Shaoyin. To be familiar with the location and of the uncommon acupoints.

6. To be acquainted with the main regional anatomy of the acupoints of Hand-Shaoyin.

[Teaching Content]

Section 1 Meridian and collateral of Hand-Shaoyin

1. meridian of Hand-Shaoyin
2. collateral of Hand-Shaoyin
3. divergent meridian of Hand-Shaoyin
4. muscle region of Hand-Shaoyin

Section 2 Acupoints of Hand-Shaoyin (totally 9 acupoints)

Jiquan*, Qingling, Shaohai*, Lingdao, Tongli*, Yinxi*, Shenmen*, Shaofu, Shaochong*.

[Teaching method]

1.5-hour lecture, 0.5-hour for locating the acupoints.

Chapter 9 Meridian of Hand-Taiyang

[Teaching requirements]

1. To master the original text of the course of Meridian of Hand-Taiyang in “Lingshu, Meridian”.
2. To be familiar with the diseases and syndromes of Hand-Taiyang.
3. To be familiar with the content of collaterals and divergent meridian of Hand-Taiyang.
4. To be acquainted with the content of muscle region of Hand-Taiyang.
5. To master the location, indication and manipulation of the common acupoints of Hand-Taiyang. To be familiar with the location and
6. of the uncommon acupoints.
7. To be acquainted with the main regional anatomy of the acupoints of Hand-Taiyang.

[Teaching Content]

Section 1 Meridian and collateral of Hand-Taiyang

1. meridian of Hand-Taiyang
2. collateral of Hand-Taiyang
3. divergent meridian of Hand-Taiyang
4. muscle region of Hand-Taiyang

Section 2 Acupoints of Hand-Taiyang (totally 19 acupoints)

Shaoze*, Qiangu, Houxi*, Wangu*, Yanggu, Yanglao*, Zhizheng*, Xiaohai, Jianzhen*, Naoshu, Tianzong*, Bingfeng, Quyuan, Jianwaishu, Jianzhongshu, Tianchuang, Tianrong, Quanliao*, Tinggong*.

[Teaching method]

3-hour lecture, 0.5-hour for locating the acupoints.

Chapter 10 Meridian of Foot-Taiyang

[Teaching requirements]

1. To master the original text of the course of Meridian of Foot-Taiyang in “Lingshu,

Meridian”.

2. To be familiar with the diseases and syndromes of Foot-Taiyang.
3. To be familiar with the content of collaterals and divergent meridian of Foot-Taiyang.
4. To be acquainted with the content of muscle region of Foot-Taiyang.
5. To master the location, indication and manipulation of the common acupoints of Foot-Taiyang. To be familiar with the location and of the uncommon acupoints.
6. To be acquainted with the main regional anatomy of the acupoints of Foot-Taiyang.

[Teaching Content]

Section 1 Meridian and collateral of Foot-Taiyang

1. meridian of Foot-Taiyang
2. collateral of Foot-Taiyang
3. divergent meridian of Foot-Taiyang
4. muscle region of Foot-Taiyang

Section 2 Acupoints of Foot-Taiyang (totally 67 acupoints)

Jingming*, Cuanzhu*, Meichong, Qucha, Wuchu, Chengguang, Tongtian, Luoque, Yuzhen, Tianzhu*; Dazhu, Fengmen*, Feishu*, Jueyinshu, Xinshu*, Dushu, Geshu*, Ganshu*, Danshu*, Pishu*, Weishu*, Sanjiaoshu, Shenshu*, Qihai, Dachangshu*, Guanyuanshu, Xiaochangshu, Pangguangshu*, Zhonglvshu, Baihuanshu, Shangliao, Ciliao*, Zhongliao, Xialiao, Huiyang; Chengfu, Yinmen, Fuxi, Weiyang, Weizhong*; Fufen, Pihu, Gaohuang*, Shentang, Yixi, Geguan, Hunmen, Yanggang, Yishe, Weicang, Huangmen, Zhishi*, Baohuang, Zhibian*; Heyang, Chengjin, Chengshan*, Feiyang*, Fuyang, Kunlun*, Pucan, Shenmai*, Jinmen, Jinggu, Shugu, Zutonggu, Zhiyin*.

[Teaching method]

5-hour lecture, 1.5-hour for locating the acupoints.

Chapter 11 Meridian of Foot-Shaoyin

[Teaching requirements]

1. To master the original text of the course of Meridian of Foot-Shaoyin in “Lingshu, Meridian”.
2. To be familiar with the diseases and syndromes of Foot-Shaoyin.
3. To be familiar with the content of collaterals and divergent meridian of Foot-Shaoyin.
4. To be acquainted with the content of muscle region of Foot-Shaoyin.
5. To master the location, indication and manipulation of the common acupoints of Foot-Shaoyin. To be familiar with the location and of the uncommon acupoints.
6. To be acquainted with the main regional anatomy of the acupoints of Foot-Shaoyin.

[Teaching Content]

Section 1 Meridian and collateral of Foot-Shaoyin

1. meridian of Foot-Shaoyin
2. collateral of Foot-Shaoyin
3. divergent meridian of Foot-Shaoyin
4. muscle region of Foot-Shaoyin

Section 2 Acupoints of Foot-Shaoyin (totally 27 acupoints)

Yongyuan*, Rangu*, Taixi*, Dazhong*, Shuiquan, Zhaohai*, Fuliu*, Jiaoxin, Zhubin, Yingu, Henggu, Dahe, Qixue, Siman, Zhongzhu, Huangshu, Shangqu, Shiguan, Yindu, Futonggu, Youmen; Bulang, Shenfeng, Lingxu, Shencang, Yuzhong, Shufu*.

[Teaching method]

2.5-hour lecture, 0.5-hour for locating the acupoints.

Chapter 12 Meridian of Hand-Jueyin

[Teaching requirements]

1. To master the original text of the course of Meridian of Hand-Jueyin in “Lingshu, Meridian”.
2. To be familiar with the diseases and syndromes of Hand-Jueyin.
3. To be familiar with the content of collaterals and divergent meridian of Hand-Jueyin.
4. To be acquainted with the content of muscle region of Hand-Jueyin.
5. To master the location, indication and manipulation of the common acupoints of Hand-Jueyin. To be familiar with the location and of the uncommon acupoints.
6. To be acquainted with the main regional anatomy of the acupoints of Hand-Jueyin.

[Teaching Content]

Section 1 Meridian and collateral of Hand-Jueyin

1. meridian of Hand-Jueyin
2. collateral of Hand-Jueyin
3. divergent meridian of Hand-Jueyin
4. muscle region of Hand-Jueyin

Section 2 Acupoints of Hand-Jueyin (totally 9 acupoints)

Tianchi*, Tianquan, Quze*, Ximen, Jianshi*, Neiguan*, Daling*, Laogong*, Zhongchong*.

[Teaching method]

1.5-hour lecture, 0.5-hour for locating the acupoints.

Chapter 13 Meridian of Hand-Shaoyang

[Teaching requirements]

1. To master the original text of the course of Meridian of Hand-Shaoyang in “Lingshu, Meridian”.
2. To be familiar with the diseases and syndromes of Hand-Shaoyang.
3. To be familiar with the content of collaterals and divergent meridian of Hand-Shaoyang.
4. To be acquainted with the content of muscle region of Hand-Shaoyang.
5. To master the location, indication and manipulation of the common acupoints of Hand-Shaoyang. To be familiar with the location and of the uncommon acupoints.
6. To be acquainted with the main regional anatomy of the acupoints of

Hand-Shaoyang.

[Teaching Content]

Section 1 Meridian and collateral of Hand-Shaoyang

1. meridian of Hand-Shaoyang
2. collateral of Hand-Shaoyang
3. divergent meridian of Hand-Shaoyang
4. muscle region of Hand-Shaoyang

Section 2 Acupoints of Hand-Shaoyang (totally 23 acupoints)

Guanchong*, Yemen, Zhongzhu*, Yangchi*, Waiguan*, Zhigou*, Huizong, Sanyangluo, Sidu, Tianjing*, Qinglengyuan, Xiaoluo, Jianliao*, Tianliao, Tianyong, Yifeng*, Chimai, Luxi, Jiaosun, Ermen*, Erheliao, Sizhukong*.

[Teaching method]

3-hour lecture, 1-hour for locating the acupoints.

Chapter 14 Meridian of Foot-Shaoyang

[Teaching requirements]

1. To master the original text of the course of Meridian of Foot-Shaoyang in “Lingshu, Meridian”.
2. To be familiar with the diseases and syndromes of Foot-Shaoyang.
3. To be familiar with the content of collaterals and divergent meridian of Foot-Shaoyang.
4. To be acquainted with the content of muscle region of Foot-Shaoyang.
5. To master the location, indication and manipulation of the common acupoints of Foot-Shaoyang. To be familiar with the location and of the uncommon acupoints.
6. To be acquainted with the main regional anatomy of the acupoints of Foot-Shaoyang.

[Teaching Content]

Section 1 Meridian and collateral of Foot-Shaoyang

1. meridian of Foot-Shaoyang
2. collateral of Foot-Shaoyang
3. divergent meridian of Foot-Shaoyang
4. muscle region of Foot-Shaoyang

Section 2 Acupoints of Foot-Shaoyang (totally 44 acupoints)

Tongziliao*, Tinghui*, Shangguan, Hanyan, Xuanlu, Xuanli, Qubin*, Shuaigu*, Tianchong, Fubai, Touqiaoyin, Wangu*, Benshen*, Yangbai*, Toulinqi*, Muchuang, Zhengying, Chengling, Naokong, Fengchi*, Jianjing*, Yuanye, Zhejin, Riyue*, Jingmen*, Daimai*, Wushu, Weidao, Juliao, Huantiao*, Fengshi*, Zhongdu, Xiyangguan, Yanglingquan*, Yangjiao, Waiqiu, Guangming*, Yangfu, Xuanzhong*, Qiuxu*, Zulinqi*, Diwuhui, Xiashi, Zuqiaoyin*.

[Teaching method]

4.5-hour lecture, 1-hour for locating the acupoints.

Chapter 15 Meridian of Foot-Jueyin

[Teaching requirements]

1. To master the original text of the course of Meridian of Foot-Jueyin in “Lingshu, Meridian”.
2. To be familiar with the diseases and syndromes of Foot-Jueyin.
3. To be familiar with the content of collaterals and divergent meridian of Foot-Jueyin.
4. To be acquainted with the content of muscle region of Foot-Jueyin.
5. To master the location, indication and manipulation of the common acupoints of Foot-Jueyin. To be familiar with the location and of the uncommon acupoints.
6. To be acquainted with the main regional anatomy of the acupoints of Foot-Jueyin.

[Teaching Content]

Section 1 Meridian and collateral of Foot-Jueyin

1. meridian of Foot-Jueyin
2. collateral of Foot-Jueyin
3. divergent meridian of Foot-Jueyin
4. muscle region of Foot-Jueyin

Section 2 Acupoints of Foot-Jueyin (totally 14 acupoints)

Dadun*, Xingjian*, Taichong*, Zhongfeng*, Ligou*, Zhongdu, Xiguan, Ququan*, Yinbao, Wuli, Yinlian, Jimai, Zhangmen*, Qimen*.

[Teaching method]

3-hour lecture, 0.5-hour for locating the acupoints.

Chapter 16 Eight Extraordinary Meridians

[Teaching requirements]

1. To be familiar with course of Du Mai and Ren Mai.
2. To be acquainted with the function, diseases and syndromes of Du and Ren Mai. To be acquainted with the integrated effects of Eight Extraordinary Meridians.
3. To master the location, indication of the common points of Du and Ren Mai. To be familiar with the manipulation of the common points.

[Teaching Content]

Section 1 Du Mai

1. course and distribution
2. function, diseases and syndromes
3. Acupoints of Du Mai (28 points)

Changqiang*, Yaoshu, Yaoyangguan*, Mingmen*, Xuanshu, Jizhong, Zhongshu, Jinsuo, Zhiyang*, Lingtai, Shendao, Shenzhu, Taodao, Dazhui*, Yamen*, Fengfu*, Naohu, Qiangjian, Houding, Baihui*, Qianding, Xinhui, Shangxing*, Shenting, Suliao*, Shuigou*, Duiduan, Yinjiao.

Section 2 Ren Meridian

1. course and distribution
2. function, diseases and syndromes
3. Acupoints of Du Mai (24 points)

Huiyin, Qugu, Zhongji*, Guanyuan*, Shimen, Qihai*, Yinjiao, Shenque*, Shuifen, Xiawan*, Jianli, Zhongwan*, Shangwan, Jique, Jiuwei, Zhongting, Danzhong*, Yutang, Zigong, Huagai, Xuanji, Tiantu*, Lianquan*, Chengjiang*.

Section 3 Chong Mai

1. course and distribution
2. function, diseases and syndromes

Section 4 Dai Mai

1. course and distribution
2. function, diseases and syndromes

Section 5 Yangqiao Mai and Yinqiao Mai

1. course and distribution
2. function, diseases and syndromes

Section 6 Yangwei Mai and Yinwei Mai

1. course and distribution
2. function, diseases and syndromes

Section 7 The integrated function of Eight Extraordinary Meridians

1. the function of governing and connecting
2. the function of tonifying and regulating

[Teaching method]

7-hour lecture, 2-hour for locating the acupoints.

Chapter 17 Extraordinary Acupoints

[Teaching requirements]

To be familiar with the location, indication and manipulation of the common acupoints.

[Teaching Content]

- Section 1 Acupoints at head and neck (14 points)
- Section 2 Acupoints at chest and abdomen (1 points)
- Section 3 Acupoints at back (8 points)
- Section 4 Acupoints at upper limbs (11 points)
- Section 5 Acupoints at lower limbs (12 points)

[Teaching method]

2-hour lecture, 1-hour for locating the acupoints.

Notes: Self-study hour = Total hours91×20%=18hours.

3. Application

Major in Acupuncture and Tuina, 5-year and 7-year program, Required course.

4. Reference

Teaching materials: *Meridians-Collaterals and Acupoints*, Editor in chief: Shen Xueyong. China press of Traditional Chinese Medicine. 2003. 1st edition.

Reference:

- 1 *Lingshu Jing*, People's Medical Publishing House, 1965, facsimile edition.
- 2 *Suwen*, People's Medical Publishing House, 1981.
- 3 *Nanjing*, People's Medical Publishing House, 1979, collation edition.
- 4 *Zhenjiu Jiayi Jing*, Jin dynasty, Huangfu Mi. The Commercial Press, 1955.
- 5 *Zhenjiu Dacheng*, Ming dynasty, Yang Jizhou. People's Medical Publishing House. 1963.

二、推拿治疗学双语教学教学大纲

Teaching requirement

A. To master （掌握）

1. Etiology and Pathogenesis of headache （头风的病因病机）
2. Differentiations of headache （头风的辨证）
3. Tuina therapy of headache （头风的推拿治疗方法）

B. To be familiar with （熟悉）

Principles of treatment about headache （头风的治疗原则）